



San Bay
RESORT & SPA

LUNCH MENU

FIJIAN FISH TACOS

with Pineapple Salsa, Lettuce and Sour Cream

OR

GRILLED VEGETABLE SANDWICH

with Seasonal Vegetables

DESSERT

Ice Cream Snowballs with Toasted Coconut



San Bay
RESORT & SPA

CURRY NIGHT

ENTREE

DHAL SOUP

BUFFET

VEGETABLE CURRY

FISH CURRY

CHICKEN CURRY

JASMIN RICE

ROTI

with Chutney and Chili Dip

DESSERT

Milk Barfi



San Bay
RESORT & SPA

LUNCH MENU

ISLAND BURGER

Choice of Beef or Veggie Patty
with Aioli, Tomato, Grated Cheese, and Caramelized Onion

Served with a Side Salad and Cassava Chips

DESSERT

Fruit Salad



San Bay
RESORT & SPA

DINNER MENU

ENTRÉE

VEGETABLE SPRING ROLLS

with Sweet & Sour Sauce

MAIN COURSE

STIR-FRIED SOBA NOODLES

Choice of Chicken or Crispy Fried Tofu

Served with Asian Inspired Cole Slaw

DESSERT

Panna Cotta

Served with Chilled Seasonal Fruit



San Bay
RESORT & SPA

LUNCH MENU

BEER BATTERED FISH

Served with Taro chips & Tartar Sauce

OR

VEGETABLE LASAGNA

Tofu, Pumpkin, Sweet Bell Pepper, Eggplant & Cottage Cheese

DESSERT

Brownie Ice Cream Sandwich



Sau Bay
RESORT & SPA

DINNER MENU

ENTRÉE

SAU BAY SALAD

Mixed Greens from our Organic Garden

MAIN

BRAISED NEW ZEALAND LAMB

Served with Stuffed Potato, Carrots and Chinese Cabbage

OR

QUICHE VALERIE

Cheese, Egg & Seasonal Vegetables

DESSERT

Cassava Cake



San Bay
RESORT & SPA

LUNCH MENU

KEBOBS

Choice of Beef or Vegetable

Served with Basil Rice and Side Greek Salad

DESSERT

Ice Cream with Passionfruit Topping



San Bay
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DINNER MENU

ENTRÉE

TWO TONE SOUP

Chef's choice

MAIN

FISH KOVU

Oven Baked Lemon Fish in Coconut Cream
Made with Fresh Herbs, Onion & Tomatoes
Served with Cassava Chips

OR

VEGETABLE RATATOUILLE

Served with couscous

DESSERT

French Baked Chocolate Tart



San Bay
RESORT & SPA

LUNCH MENU

CHICKEN SALAD SANDWICH

OR

GRILLED CHEESE AND TOMATO SANDWICH

On Home Baked Bread
Served with Cassava Chips

DESSERT

Ice Cream Sundae



San Bay
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DINNER MENU

ENTRÉE

MIXED GREEN SALAD

MAIN

FILLET STEAK

Béarnaise Sauce and Caramelized Garlic
Served with Potato Rosti, Long Beans and Carrots

OR

EGGPLANT PARMESAN

Served with Roasted Garlic Mash Potatoes

DESSERT

Nutty Banana Served with Ice Cream



San Bay
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LUNCH MENU

TUNA SANDWICH

Served with a Side Salad

OR

GREEK SALAD

Served with Garlic Bread

DESSERT

Fresh Baked Cookies



San Bay
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FIJIAN NIGHT

ENTREE

KOKODA

MAIN COURSE

LOVO CHICKEN

PALUSAMI

TARO

WILD BOAR

FISH

DESSERT

LOTE



San Bay
RESORT & SPA

LUNCH MENU

GRILLED CHICKEN SALAD

Mixed Organic Greens, Carrots, Tomato, and Onion
Topped with Herb Chicken
Served with Garlic Bread

OR

PASTA SALAD

Pasta with Mixed Organic Vegetables
Tossed with Light Dressing
Served with Garlic Bread

DESSERT

Fruit Medley
Served with Ice Cream



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DINNER MENU

ENTRÉE

GREEN PAPAYA SALAD

Green Papaya, Cilantro, Roasted Peanut
Served with Chili Lime Dressing

MAIN

CATCH OF THE DAY

with Lemon Butter Sauce
Served with Potato Mash, Vegetables, Carrots & Spinach

OR

MUSHROOM STRONGANOFF

Sautéed Mushrooms in Creamy Sauce
Served with Steamed Rice

DESSERT

Devil's Chocolate Cake
Served with Tropical Ice Cream



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DINNER MENU

ENTRÉE

BRUSCHETTA

with tomato & basil salsa

MAIN

CHICKEN SCALLOPINI

Served with Spaghetti

OR

VEGETABLE STIR FRY

Served with Jasmine Rice

DESSERT

Apple Crumble Served with Vanilla Ice Cream